



Leading Care For You

Home Care Package & NDIS



Country Mile
Care

www.cmhc.com.au

| About Us



Country Mile Care contains both Country Mile Home Care and Sunrise Carers, focusing on our commitment to high-quality, accessible care services to all over **Australia**.

"Country Mile Home Care is a government-registered provider of **Home Care Package (HCP) services**, supporting clients across urban and rural areas, First Nations communities, and culturally diverse backgrounds."

"Sunrise Carers offers tailored support as a government-registered **NDIS** provider, specialising in quality clinical and culturally responsive care."



Our Commitment to You

At **Country Mile Care**, we are proud to serve communities across all of **Australia**.

Professional & Flexible Care

We offer a professional team and flexible, customized services to meet your individual needs.

Experienced Professionals :

Qualified staff dedicated to providing compassionate care.

Flexible Services :

Care plans that adapt to your changing needs and preferences.

Family Collaboration :

Working closely with you and your family to ensure the best outcomes.

Caring for Multicultural Background Communities

Culturally Competent Care :

Trained care teams skilled in understanding and respecting diverse cultural values.

Inclusive Support :

Tailored services for clients from First Nations communities, rural areas, and various cultural backgrounds.

Respect & Understanding :

Building meaningful connections by honoring each individual's traditions and preferences.

Empowering Independence :

Providing high-quality care in a supportive, culturally sensitive environment.

Caring for Rural Communities

We understand the unique challenges faced by seniors living in rural areas. Our dedicated team is committed to bringing the highest level of care to rural communities, providing convenience and personalized support to help you stay comfortably in your own home.

Personalised Rural Care :

Tailored services that respect your lifestyle and preferences.

Bridging Distances :

Bringing essential care services directly to you, no matter how remote.

Community Focused :

Strengthening rural communities by supporting their elders.



For Home Care Package

A **Home Care Package** is a coordinated package of care and services designed to help you live independently in your own home for as long as possible.

There are **four levels** of Home Care Packages

Level 1	Level 2	Level 3	Level 4
			
Basic Care	Low-Level Care	Intermediate Care	High-Level Care
approximately \$10,500 per year	approximately \$18,600 per year	approximately \$40,400 per year	approximately \$61,300 per year

The level of package you are approved for is decided by the Aged Care Assessment Team (ACAT). **Country Mile Care** can assist you with booking an ACAT assessment, guide you through the process, and advocate for you based on your needs.

How Can A Home Package Help Me ?

Based on the level of Home Care Package you receive; we create a flexible and individualized care plan tailored to your needs.

We prioritise your health and safety, never losing sight that this is your package.

Services that can be provided under a Home Care Package include, but are not limited to:



Domestic Assistance



Nursing Care



Shopping



Transportation



Social Support & Outing



Gardening



Personal Care



Home Modification



Meal Preparation



Allied Health Service etc

****Allied Health Services like OT, physiotherapy, dietitian, podiatrist, etc****



Why Choose Country Mile *Care*

Personalized Care Plans :

We tailor our services to meet your unique needs, ensuring you receive the care that's right for you.

Experienced and Caring Team :

Our professional staff are trained and passionate about providing compassionate, respectful care.

Understanding of multicultural background :

we have support staff and care workers speaks your languages and we have a deep understanding of the communities we serve.

Commitment to Rural Areas :

In Western Australia, we specialize in bringing quality care to rural areas, ensuring distance is no barrier to excellent support.

Flexible and Customisable Services :

We offer adaptable care plans that fit seamlessly into your lifestyle.

Support Every Step of the Way :

From navigating assessments to activating your package, we're with you at every stage of your Home Care journey.

Family-Centred Approach :

We believe in working closely with you and your loved ones to provide the best possible care.

Our Commitment to You

We strive to provide our clients with more hours of service to meet their needs :



Note: These service hours are achievable when clients use personal care services exclusively. Inclusion of transportation, occupational therapy, or allied health services may reduce the total service hours. For detailed plans, please contact us.

Rural Area Special Services

We offer unique service packages in Rural Area Australia :

	Activities	Pricing	Include
8-Hour Day Shift Service	Includes all services provided by CMHC staff: Personal Care, Medication Assistance, Domestic Assistance, Social Support, Meal Preparation, Shopping, some Gardening, Transport, or accompanied travel to appointments.	\$472 per shift	-
Overnight 12-Hour Respite/ Presence Care	All Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs)	\$360 per shift	An 8 hour rest period for staff
24-Hour Presence Care	All Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs)	\$650 per day	Provides active care for 8 hours
24-Hour Active Night Care	All Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs)	\$1,300 per day	Staff on active duty for 24 hours

Testimonials



"Country Mile Care has been a blessing for our family. Their team made the whole process easy, and now Mom can stay in her home comfortably."

— Sarah J., Daughter of Client in Western Australia



"The staff at Country Mile Care are so caring and professional. They truly listen to my needs and have made such a positive difference in my daily life."

— Mr. Zhou, Client in New South Wales



"Living in a rural area, we thought quality care was out of reach. Country Mile Care proved us wrong by providing excellent services right at our doorstep."

— Margaret and Tom L., Clients in Western Australia



Australia

Registered Service Provider as :

Home Care Package & NDIS



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